



🍓 Fruits to Grow (All Seasons)

This guide highlights some of the fruits you can grow with us. These are popular seasonal selections, but the list isn't exhaustive — you can choose others too! Each item shows growth time, benefits, and difficulty, while we handle all the growing for you.

Items not limited to what's shown here.

🌸 Spring Fruits

Strawberries 🍓

- Growth Time: 90–120 days
- Benefits: High in vitamin C & antioxidants, supports heart health and skin vitality
- Difficulty: Moderate

Blueberries

- Growth Time: 2–3 years to full production (perennial)
- Benefits: Packed with antioxidants, supports brain and heart health
- Difficulty: Moderate

Raspberries

- Growth Time: 1–2 years to fruit, then seasonal yields
- Benefits: High in fiber, vitamin C & manganese, supports immune system
- Difficulty: Moderate

Blackberries

- Growth Time: 1–2 years to fruit, then annual harvests
- Benefits: Rich in antioxidants & vitamins C & K, supports digestion and immunity
- Difficulty: Easy–Moderate

Cherries 🍒

- Growth Time: 3–5 years (tree maturity)
- Benefits: Anti-inflammatory, supports sleep and joint health

- Difficulty: Moderate–Hard

Kiwi (if climate allows)

- Growth Time: 3–5 years (vine maturity)
- Benefits: High in vitamin C & potassium, supports digestion and immunity
- Difficulty: Hard (requires specific climate and care)

Apricots

- Growth Time: 3–4 years (tree maturity)
- Benefits: Rich in vitamins A & C, supports skin and eye health
- Difficulty: Moderate

Summer Fruits

Watermelon

- Growth Time: 70–100 days
- Benefits: High in water content, rich in vitamins A & C, supports hydration and heart health
- Difficulty: Moderate

Cantaloupe

- Growth Time: 70–90 days
- Benefits: Excellent source of vitamin A & C, supports immunity and hydration
- Difficulty: Moderate

Honeydew

- Growth Time: 80–100 days
- Benefits: Hydrating fruit rich in vitamin C & potassium, supports skin and heart health
- Difficulty: Moderate

Peaches

- Growth Time: 2–4 years (tree maturity)
- Benefits: High in vitamins A & C, supports skin health and digestion
- Difficulty: Moderate

Plums

- Growth Time: 3–6 years (tree maturity)
- Benefits: Rich in antioxidants & fiber, supports digestion and blood sugar control

- Difficulty: Moderate

Nectarines

- Growth Time: 2–4 years (tree maturity)
- Benefits: High in vitamins A & C, supports skin and eye health
- Difficulty: Moderate

Grapes

- Growth Time: 2–3 years (vine maturity)
- Benefits: Rich in antioxidants & resveratrol, supports heart and brain health
- Difficulty: Moderate

Figs

- Growth Time: 2–3 years (tree maturity)
- Benefits: High in fiber & calcium, supports digestion and bone health
- Difficulty: Moderate

Blackberries

- Growth Time: 1–2 years to fruit
- Benefits: Packed with vitamin C & fiber, supports immunity and gut health
- Difficulty: Easy–Moderate

Blueberries

- Growth Time: 2–3 years (perennial shrub)
- Benefits: High in antioxidants, supports brain and heart health
- Difficulty: Moderate

Raspberries

- Growth Time: 1–2 years to fruit
- Benefits: Rich in vitamin C, fiber, supports immune and digestive health
- Difficulty: Moderate

Tomatoes **(technically a fruit)**

- Growth Time: 60–85 days
- Benefits: Rich in lycopene, supports heart and skin health
- Difficulty: Moderate

Fall Fruits

Apples

- Growth Time: 2–5 years (tree maturity)
- Benefits: High in fiber & vitamin C, supports heart and gut health
- Difficulty: Moderate

Pears

- Growth Time: 3–7 years (tree maturity)
- Benefits: Excellent source of fiber, supports digestion and heart health
- Difficulty: Moderate

Grapes

- Growth Time: 2–3 years (vine maturity)
- Benefits: Rich in antioxidants, supports heart and brain health
- Difficulty: Moderate

Pomegranates

- Growth Time: 2–3 years (tree maturity)
- Benefits: High in antioxidants, supports heart and immune health
- Difficulty: Moderate

Figs

- Growth Time: 2–3 years (tree maturity)
- Benefits: High in fiber & calcium, supports digestion and bone health
- Difficulty: Moderate

Persimmons

- Growth Time: 3–4 years (tree maturity)
- Benefits: High in vitamins A & C, supports eye health and immunity
- Difficulty: Moderate

Cranberries (if wet soil available)

- Growth Time: 3–5 years (vine maturity)
- Benefits: Rich in antioxidants, supports urinary tract and immune health
- Difficulty: Challenging (requires acidic, wet soil)

❄️ Winter Fruits

Citrus (Oranges, Tangerines, Lemons, Limes)

- Growth Time: 2–3 years (tree maturity)
- Benefits: Excellent source of vitamin C, supports immunity and skin health
- Difficulty: Moderate

Kiwis

- Growth Time: 3–5 years (vine maturity)
- Benefits: High in vitamin C, potassium, supports digestion and heart health
- Difficulty: Moderate

Pomegranates (storage from fall harvest)

- Growth Time: — (post-harvest storage)
- Benefits: Maintains antioxidants after harvest, supports immune and heart health
- Difficulty: Easy (storage)

Apples (storage from fall harvest)

- Growth Time: — (post-harvest storage)
- Benefits: Great for long-term storage, retains fiber and vitamin content
- Difficulty: Easy (storage)