



Fruits to Grow (All Seasons)

This guide highlights some of the fruits you can grow with us. These are popular seasonal selections, but the list isn't exhaustive — you can choose others too! Each item shows growth time, benefits, and difficulty, while we handle all the growing for you.

Items not limited to what's shown here.

Spring Fruits

Strawberries

- Growth Time: 90–120 days
- Benefits: High in vitamin C & antioxidants, supports heart health and skin vitality
- Difficulty: Moderate

Blueberries

- Growth Time: 2–3 years to full production (perennial)
- Benefits: Packed with antioxidants, supports brain and heart health
- Difficulty: Moderate

Raspberries

- Growth Time: 1–2 years to fruit, then seasonal yields
- Benefits: High in fiber, vitamin C & manganese, supports immune system
- Difficulty: Moderate

Blackberries

- Growth Time: 1–2 years to fruit, then annual harvests
- Benefits: Rich in antioxidants & vitamins C & K, supports digestion and immunity
- Difficulty: Easy–Moderate

Cherries

- Growth Time: 3–5 years (tree maturity)
- Benefits: Anti-inflammatory, supports sleep and joint health

- Difficulty: Moderate–Hard

Kiwi (if climate allows)

- Growth Time: 3–5 years (vine maturity)
- Benefits: High in vitamin C & potassium, supports digestion and immunity
- Difficulty: Hard (requires specific climate and care)

Apricots

- Growth Time: 3–4 years (tree maturity)
- Benefits: Rich in vitamins A & C, supports skin and eye health
- Difficulty: Moderate

Summer Fruits

Watermelon

- Growth Time: 70–100 days
- Benefits: High in water content, rich in vitamins A & C, supports hydration and heart health
- Difficulty: Moderate

Cantaloupe

- Growth Time: 70–90 days
- Benefits: Excellent source of vitamin A & C, supports immunity and hydration
- Difficulty: Moderate

Honeydew

- Growth Time: 80–100 days
- Benefits: Hydrating fruit rich in vitamin C & potassium, supports skin and heart health
- Difficulty: Moderate

Peaches

- Growth Time: 2–4 years (tree maturity)
- Benefits: High in vitamins A & C, supports skin health and digestion
- Difficulty: Moderate

Plums

- Growth Time: 3–6 years (tree maturity)
- Benefits: Rich in antioxidants & fiber, supports digestion and blood sugar control

- Difficulty: Moderate

Nectarines

- Growth Time: 2–4 years (tree maturity)
- Benefits: High in vitamins A & C, supports skin and eye health
- Difficulty: Moderate

Grapes 🍇

- Growth Time: 2–3 years (vine maturity)
- Benefits: Rich in antioxidants & resveratrol, supports heart and brain health
- Difficulty: Moderate

Figs

- Growth Time: 2–3 years (tree maturity)
- Benefits: High in fiber & calcium, supports digestion and bone health
- Difficulty: Moderate

Blackberries

- Growth Time: 1–2 years to fruit
- Benefits: Packed with vitamin C & fiber, supports immunity and gut health
- Difficulty: Easy–Moderate

Blueberries

- Growth Time: 2–3 years (perennial shrub)
- Benefits: High in antioxidants, supports brain and heart health
- Difficulty: Moderate

Raspberries

- Growth Time: 1–2 years to fruit
- Benefits: Rich in vitamin C, fiber, supports immune and digestive health
- Difficulty: Moderate

Tomatoes 🍅 (technically a fruit)

- Growth Time: 60–85 days
 - Benefits: Rich in lycopene, supports heart and skin health
 - Difficulty: Moderate
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Fall Fruits

Apples

- Growth Time: 2–5 years (tree maturity)
- Benefits: High in fiber & vitamin C, supports heart and gut health
- Difficulty: Moderate

Pears

- Growth Time: 3–7 years (tree maturity)
- Benefits: Excellent source of fiber, supports digestion and heart health
- Difficulty: Moderate

Grapes

- Growth Time: 2–3 years (vine maturity)
- Benefits: Rich in antioxidants, supports heart and brain health
- Difficulty: Moderate

Pomegranates

- Growth Time: 2–3 years (tree maturity)
- Benefits: High in antioxidants, supports heart and immune health
- Difficulty: Moderate

Figs

- Growth Time: 2–3 years (tree maturity)
- Benefits: High in fiber & calcium, supports digestion and bone health
- Difficulty: Moderate

Persimmons

- Growth Time: 3–4 years (tree maturity)
- Benefits: High in vitamins A & C, supports eye health and immunity
- Difficulty: Moderate

Cranberries (if wet soil available)

- Growth Time: 3–5 years (vine maturity)
- Benefits: Rich in antioxidants, supports urinary tract and immune health
- Difficulty: Challenging (requires acidic, wet soil)

Winter Fruits

Citrus (Oranges, Tangerines, Lemons, Limes)

- Growth Time: 2–3 years (tree maturity)
- Benefits: Excellent source of vitamin C, supports immunity and skin health
- Difficulty: Moderate

Kiwis

- Growth Time: 3–5 years (vine maturity)
- Benefits: High in vitamin C, potassium, supports digestion and heart health
- Difficulty: Moderate

Pomegranates (storage from fall harvest)

- Growth Time: — (post-harvest storage)
- Benefits: Maintains antioxidants after harvest, supports immune and heart health
- Difficulty: Easy (storage)

Apples (storage from fall harvest)

- Growth Time: — (post-harvest storage)
- Benefits: Great for long-term storage, retains fiber and vitamin content
- Difficulty: Easy (storage)